

STRATEGIES, IDEAS AND THOUGHTS FOR CHAPLAINS IN HEALTH CARE:

What follows are some strategies, ideas and thoughts shared with Chaplaincy Innovation Lab (www.chaplaincyinnovation.org) by other chaplains. Please feel free to print them out and share with colleagues. If you have strategies and ideas you would like to add, please email them to CILResources1@gmail.com

IDEAS AND STRATEGIES	SUGGESTED BY:
<ul style="list-style-type: none"> I triage with the staff, by phone and then talk with the patient or family by phone when I can. Together we decide what is needed. 	Chaplain Betty Clark bclark@alamedahealthsystem.org
<ul style="list-style-type: none"> Has anyone stopped providing religious services and/or spiritual gatherings? <p>If so please contact me at lig9048@nyp.org</p>	lig9048@nyp.org Linda Golding, Chaplain at NewYork-Presbyterian Hospital
<ul style="list-style-type: none"> Phoning into the patient's room in order to connect and provide some level of spiritual/emotional/social care. Advocating and working with administration for spiritual care in the the patient's room in balance of (clinical) patient/societal safety 	David Watson Community Hospital Staff Chaplain Salem OR drw05@msn.com
<ul style="list-style-type: none"> Collaborating with EAP - Making rounds on the units and check with staff Send out self-care tips periodically to staff Working in offering Mass and Meditation virtually at the same time as usually held so to maintain a sense of community Calling patients in isolation in their room to ration PPE 	Dagmar Grefe, Children's Hospital Los Angeles
<ul style="list-style-type: none"> Organizing conference call and communication between spiritual care directors in the Bay Area to share best practices, questions, and resources Rounding at huddles and 1-1 check in with staff Developing stress management resources for staff Working towards tele-chaplaincy Trying to take learning online 	Chaplain Claire Bohman Chan- Zuckerberg San Francisco General Hospital and Trauma Center
<ul style="list-style-type: none"> Working toward tele-chaplaincy Developing staff support avenue Looking for ideas for staff and patient support. We are a behavioral health hospital where spiritual care is an integral part of treatment. 	Chaplain Valerie Martin, Lindner Center of HOPE Mason Ohio valerie.lk.martin@gmail.com Valeri e.martin@lindnercenter.org
<ul style="list-style-type: none"> Working with local clergy and congregations to provide support to our patients/residents/tenants and our health care staff. Provide support to health care team. 	Theresa Gehrke-Herwynen Chaplain Sanford Bemidji Medical Center Theresa.Gehrke- Herwynen@sanfordhealth.org Solo chaplain at hospital, hospice, Senior Living Facility
<ul style="list-style-type: none"> In a pediatric facility, we have found great success in using resources designed for children with our staff. Yesterday I 	Cassidy Wohlfarth, cassidy.wohlfarth@childrens.com

<p>rounded on staff with a “Blob Tree” offering a few moments for staff to practice an emotional/spiritual self check-in.</p> <ul style="list-style-type: none"> • Will send out unit specific chaplain newsletter with reflections, pet photos, and ways to reach out for support to our staff. (Our hospital has suspended our daily newsletter which has been named as a loss by staff.) • Working with our in-hospital TV network to offer spiritual rituals via TV/radio. 	<p>Staff chaplain for SOTP and staff spiritual care coordinator at Children’s Health, Dallas, TX</p>
<ul style="list-style-type: none"> • Regarding ritual: we are setting up some DIY options in the chapel so people can come and go one at a time. For example, stations of the cross. Small tables with an image, scripture, reading, LED candle. 	<p>Saundra Shanti, BCC saundra.shanti@hsc.utah.edu</p>
<ul style="list-style-type: none"> • Patient care, family care, staff care. • Caregiver Groups, Bereavement Groups, Individual grief counseling 	<p>Derek Cheatham (william.cheatham@hfc-az.com) Chaplain and Bereavement Coordinator Hospice Family Care, Tucson AZ.</p>
<ul style="list-style-type: none"> • Spiritual care providers/chaplains will be listening in by conference phone to weekly interdisciplinary meetings for the patients on a given unit in the hospital. Medical, nursing, rehab and case management will be there meeting live. This helps us to abide by the less than 10 person meeting recommendation. • Finding it crucial, barring additional restrictions, to offer conversation and prayer to patients now that all visitors are not allowed. There is a great sense of fear and loneliness. 	<p>Bruce Aguilar baquilar@partners.org Spaulding Rehabilitation Network, Boston area</p>
<ul style="list-style-type: none"> • Looking for a tool to support the health care providers in your facility? Click here to see an example of a prayer that Chaplains David Hottinger and Maia Twedt from Henepin Health Systems created that is videocast (https://www.youtube.com/watch?v=byd3y8VMASk&t=5s) to their colleagues and put on social media. • Looking for a tool to support visitors who have been turned away and cannot visit their loved ones? Click here to see an example of a prayer that Chaplains David Hottinger and Maia Twedt from Henepin Health Systems created that is on the company website (https://www.youtube.com/watch?time_continue=15&v=4ZdddEA90To&feature=emb_logo) and put on social media. 	<p>Chaplain David Hottinger and Chaplain Maia Twedt Henepin Health System</p>

Remember

If you have strategies and ideas you would like to add, please email them to CILResources1@gmail.com