

## STRATEGIES, IDEAS AND THOUGHTS FOR CHAPLAINS IN HEALTH CARE:

What follows are some strategies, ideas and thoughts shared with CIL by other chaplains. If you have strategies and ideas you would like to add, please email them to [muskaggs@chaplaincyinnovation.org](mailto:muskaggs@chaplaincyinnovation.org)

Name and contact info	Idea / Resource
Chaplain Betty Clark <a href="mailto:bclark@alamedahealthsystem.org">bclark@alamedahealthsystem.org</a>	I triage with the staff, by phone and then talk with the patient or family by phone when I can. Together we decide what is needed.
<a href="mailto:lig9048@nyp.org">lig9048@nyp.org</a> Linda Golding, Chaplain at NewYork-Presbyterian Hospital	Has anyone stopped providing religious services and/or spiritual gatherings?  If so please contact me at <a href="mailto:lig9048@nyp.org">lig9048@nyp.org</a>
David Watson Community Hospital Staff Chaplain Salem OR <a href="mailto:drw05@msn.com">drw05@msn.com</a>	<ul style="list-style-type: none"> <li>• Phoning into the patient's room in order to connect and provide some level of spiritual/emotional/social care.</li> <li>• Advocating and working with administration for spiritual care in the the patient's room in balance of (clinical) patient/societal safety</li> </ul>
Dagmar Grefe, Children's Hospital Los Angeles	Collaborating with EAP - Making rounds on the units and check with staff Send out self-care tips periodically to staff Working in offering Mass and Meditation virtually at the same time as usually held so to maintain a sense of community Calling patients in isolation in their room to ration PPE
Chaplain Claire Bohman Chan-Zuckerberg San Francisco General Hospital and Trauma Center	<ul style="list-style-type: none"> <li>-Organizing conference call and communication between spiritual care directors in the Bay Area to share best practices, questions, and resources</li> <li>-Rounding at huddles and 1-1 check in with staff</li> <li>-Developing stress management resources for staff</li> <li>-Working towards tele-chaplaincy</li> <li>-Trying to take learning online</li> </ul>
Chaplain Valerie Martin, Lindner Center of HOPE Mason Ohio <a href="mailto:valerie.lk.martin@gmail.com">valerie.lk.martin@gmail.com</a> Valerie.martin@lindnercenter.org	Working toward tele-chaplaincy Developing staff support avenue Looking for ideas for staff and patient support. We are a behavioral health hospital where spiritual care is an integral part of treatment.
Zac Willette MDiv BCC, Founder & President of <a href="http://Allay.com">Allay</a>	Two great pieces of writing to inspire us: <ul style="list-style-type: none"> <li>• <a href="#">Lockdown</a> (written 3/13/20 specifically about living in a world with COVID-19) by Brother Richard Hendrick, a Capuchin Franciscan living in Ireland</li> </ul>

	<ul style="list-style-type: none"> <li>• <a href="#">Invitation to Brave Space</a> by Micky ScottBey Jones — read by panelist Jennifer Bailey during Tuesday’s webinar</li> </ul>
<p>Theresa Gehrke-Herwynen Chaplain Sanford Bemidji Medical Center Theresa.Gehrke-Herwynen@sanfordhealth.org</p>	<p>Solo chaplain at hospital, hospice, Senior Living Facility Working with local clergy and congregations to provide support to our patients/residents/tenants and our health care staff. Provide support to health care team.</p>
<p>Cassidy Wohlfarth, <a href="mailto:cassidy.wohlfarth@childrens.com">cassidy.wohlfarth@childrens.com</a> Staff chaplain for SOTP and staff spiritual care coordinator at Children’s Health, Dallas, TX</p>	<p>In a pediatric facility, we have found great success in using resources designed for children with our staff. Yesterday I rounded on staff with a “Blob Tree” offering a few moments for staff to practice an emotional/spiritual self check-in. Will send out unit specific chaplain newsletter with reflections, pet photos, and ways to reach out for support to our staff. (Our hospital has suspended our daily newsletter which has been named as a loss by staff.) Working with our in-hospital TV network to offer spiritual rituals via TV/radio.</p>
<p>Saundra Shanti, BCC <a href="mailto:saundra.shanti@hsc.utah.edu">saundra.shanti@hsc.utah.edu</a></p>	<p>Regarding ritual: we are setting up some DIY options in the chapel so people can come and go one at a time. For example, stations of the cross. Small tables with an image, scripture, reading, LED candle.</p>
<p>Derek Cheatham (<a href="mailto:william.cheatham@hfc-az.com">william.cheatham@hfc-az.com</a>) Chaplain and Bereavement Coordinator Hospice Family Care, Tucson AZ.</p>	<p>Patient care, family care, staff care.  Caregiver Groups, Bereavement Groups, Individual grief counseling</p>
<p>Bruce Aguilar <a href="mailto:baguilar@partners.org">baguilar@partners.org</a> Spaulding Rehabilitation Network, Boston area</p>	<p>Spiritual care providers/chaplains will be listening in by conference phone to weekly interdisciplinary meetings for the patients on a given unit in the hospital. Medical, nursing, rehab and case management will be there meeting live. This helps us to abide by the less than 10 person meeting recommendation.  Finding it crucial, barring additional restrictions, to offer conversation and prayer to patients now that all visitors are not allowed. There is a great sense of fear and loneliness.</p>